





# **Endourological Society Newsletter**





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Brian Matlaga, M.D.

#### **Research Chair**

Ben Chew, M.D.



## **Message from the President**

I am truly humbled to serve as the 17th president of the Endourological Society. My sincere thanks go to Jens Rassweiler for his significant contributions to our Society, culminating this past year when he served as President.

The 37th World Congress of Endourology in Abu Dhabi was a tremendous week. My heartfelt thank you to Yasser Farahat and his colleagues from the Emirates Urological Society for the inclusive, stimulating and

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#### **Executive Director**

Michele Paoli E-Mail: michele@endourologysociety.com

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innovative conference. Urology Management Services, under the leadership of Janet Skorepa and Leslie Hettenbach, oversaw the details and organization of this very successful event. Andreas Gross and his team from the German Endourology Society have already initiated the planning process for the 38th WCE meeting in Hamburg, Germany, 25-29 August 2020. (https://wce2020.com/) It promises to be an a thought provoking and stimulating scientific and engaging social program for our members.

The mission of our Society remains to facilitate scientific dialogue among urologists worldwide by way of annual meetings, circulation of scientific literature, innovative research and surgical skills training courses and hands-on laboratory sessions in the minimally invasive management of urologic disease. Your executive committee under the able leadership of Secretary General - Peggy Pearle, Treasurer - Chandru Sundaram, Director of Education - Adrian Joyce, Associate Director of Education - Brian Matlaga and Research Chair - Ben Chew remain committed to expanding the membership of our Society as well as promoting cutting edge research of new technologies. We are working to enhance our industry partnerships in addition to revamping our education, training and mentorship opportunities. Our Society is financially stable and will continue to foster collaborative opportunities amongst individuals interested in the minimally invasive management of urologic diseases, as well as to foster industry relationships for the development of new technologies and techniques that will benefit our patients. To acknowledge our strong commitment towards technological advances, the Society has renamed the World Congress Endourology to the World Congress of Endourology and UroTechnology.

I am eagerly anticipating the coming year. I would have been hard pressed to foresee the trajectory of our specialty when as a junior faculty member, 35 years ago, I attended my first meeting of the fledgling Endourological Society. I remain committed to endourology and invigorated to further expand the reach of the Society and promote education, research, and training opportunities which will all benefit our patients. Wishing you and your family warm wishes for a joyous holiday season and a very happy and healthy new year.

Respectfully,

## Glenn M. Preminger, MD President



## **Report from the Secretary General:**

As 2019 draws to a close, the Endourological Society has much to be thankful for. The 37th World Congress of Endourology, held October 20-November 2, 2019 in the captivating city of Abu Dhabi, UAE, was a rousing success. With over 2200 attendees, the congress exceeded even our ambitious expectations. Congress Co-Presidents Abdul Qadir Al Zarooni and Yasser Farahat delivered a brilliant scientific program featuring rousing debates, a jaw-dropping glimpse into the future of robotic surgery and a robust semi-live surgery program. Activities abounded outside the convention center as well, as attendees enjoyed desert safaris, tours of the Grand Mosque and shopping outings. An exquisite moonlight dinner at the Fairmont Hotel provided the backdrop for the Presidents Banquet and Award Ceremonies. Congratulations to this year's outstanding award winners, which include John Denstedt who received the Storz Lifetime Achievement Award, Steve Nakada the Ralph Clayman Mentor Award, Athanasios Papatsoris the Arthur Award and Shayna Martin from Cook Medical, who received the Industry Award. Although the absence of our friends and colleagues from Turkey was palpable and disappointing, we look forward to their participation next year in Hamburg. We applaud Drs. Al Zarooni and Farahat and their team for delivering an outstanding congress.



### 2019 Honorary Members

Claude Abbou, M.D. Gopal Badlani, M.D. Mahesh Desai, M.D.



## 2019 Endourology Society Awards

**John Denstedt, M.D.**Karl Storz Lifetime
Achievement Award

**Stephen Nakada, M.D.**Ralph Clayman
"Mentor" Award

**Athanasios Papatsoris, M.D.**The "Arthur Award"

### Shayna Martin (Cook Medical)

Endourology Society "Industry Award"

More

The WCE also marks a time of transition. Dr. Jens Rassweiler concluded his term as President of the Society. Under his able leadership, the Society continued to expand its global presence and strengthen its role as the leading organization for minimally invasive surgery and new technology worldwide. I speak for the Executive Committee and the Board of Directors in thanking Dr. Rassweiler for an outstanding term and his many contributions. One of the privileges of the President is to bestow Honorary Membership on deserving, long-term contributors to our Society. This year, Dr. Rassweiler named Drs. Mahesh Desai, Gopal Badlani and Claude Abbou as Honorary Members of the Endourological Society. These individuals have consistently advanced the mission of our Society and have been pioneers in minimally invasive surgery.

Our new President, Dr. Glenn Preminger, is an icon in the field of stone disease and a past Education Chair, who has been involved in Society leadership for decades. We look forward to President Preminger's tenure as President. I would also like to welcome new members of the Board of Directors: Olivier Traxer, Seung Hyun Jeon, Eduardo Mazzuchi and Thomas Knoll. Finally, congratulations to our new President-Elect, Jorge Gutierrez-Aceves. This year has been a banner year for the Endourological Society in that our members continue to be recognized for their leadership and remarkable contributions to organized urology worldwide. Recently announced AUA award winners include Stephen Nakada who will receive the Hugh Hampton Young Award, Gopal Badlani who will receive the Victor Politano Award, Thomas Chi who was named the 2020 Gold Cystoscope Winner, Tim Averch who is recognized for his Distinguished Contribution and Manoj Monga and Dean Assimos who are recognized for Distinguished Service. In addition, been Evangelos Liatsikos has named to the distinguished post of Chairman of the European School of Urology. The Society has been busy with its agenda this year. Under the leadership of Manoj Monga and Olivier Traxer, we hosted the second TALENTS (Trans-Atlantic Endourology) meeting in Miami a meeting that we jointly sponsor with ESUT (EAU Section of Uro-Technology) and hold alternatively in Europe or the US. This meeting is designed to bring together young leaders in endourology with industry representatives to explore new ideas and concepts in stone disease, BPH and endourology. The goal is to foster collaboration





## 2020 Summer Student Scholarship

Applications Due: January 10th, 2020

More

## 2020 International Traveling Scholarship

## **Apply Now!**

There are numerous young urologists around the world who have not been exposed to the advances in Endourology and Minimally Invasive Surgery. Countries without advanced urologic training could benefit from an observership. Urologists from countries with well-developed training systems will also benefit from exposure to recent urologic advances, and to the organization of urology in other countries. It would also result in a mutually beneficial exchange of ideas and building relationships in the world of Endourology. This scholarship will increase the impact of the **Endourological Society among** urologists worldwide. It will be an added benefit for the Society's membership.

Deadline to Submit January 17th, 2020

More

among attendees and with industry through dialog, debate and discussion.

Our subsociety SURS - the Society of Urologic Robotic Surgeons - has been active over the last year as well. Under the leadership of President Jihad Kaouk, SURS partnered with intuitive Surgical to offer resident preceptorship programs at four US sites to provide skills training and exposure for residents interested in robotics. These programs have generated a lot of excitement among residents and have been filled to capacity.

Finally, we are pleased to announce that the Endourological Society has reached an agreement with the Focal Therapy Society (FTS), led by Tom Polascik and Ardeshir Rastinehad, to bring the FTS into our Society as a subsociety. We are excited to work with leadership of FTS to promote focal therapy as an integral part of our mission.

Finally, the 38th Annual World Congress of Endourology will be held in the beautiful port city of Hamburg, Germany on August 25-29, 2020. Under the leadership of Congress President Andreas Gross, the meeting promises a stimulating scientific program filled with lively discourse, the latest in new technology and abundant semi-live surgeries. Furthermore, the city itself boasts spectacular architecture, diverse arts and culture and a vibrant nightlife. Plan your trip now! In closing, I wish you and your families a joyous holiday season and a healthy and happy new year!

Respectfully,

Margaret S. Pearle, M.D., Ph.D. Secretary General



- Online access to Journal of Endourology and Part B, Videourology, Journal of Endourology Case Reports
- Certificate of membership
- Periodic notification of scientific meetings, essay contests, endourology and laparoscopy fellowship programs
- Information regarding job opportunities
- Reduced registration fee at the WCE annual meetings

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## WORLD ENDO INITIATIVE



## WorldEndo: Help us to make the Endourology Society truly GLOBAL!

The WorldEndo Initiative was initially established in 2010 to support the participation of urologists from countries that were unrepresented at the

## Message from the Treasurer

My first year as the Treasurer of the Society has been most rewarding thanks to the decade of work in this position by my predecessor, Dr. John Denstedt who has ensured that the Society is financially stable resulting in our ability to increase member benefits. Several members have contributed to the success of our society under the leadership of Dr. Rasweiller and Preminger. The new website( Dr. Brian Duty) has significant enhancements including videos and a members only portal. Please visit at http://www.endourology.org. The fellowship section search page is now very user friendly with a new surgical log site similar to the ACGME system for residents( Dr. Li Ming Su). The WCE in Abu Dhabi, which had over 1600 registrants in a world class venue was super successful( Drs. Alzarooni and Farahat and UMS). We are delighted at the collaboration with the Focal Therapy Society, which we expect to grow considerably as a Sub society (Drs. Tom Polascik and Art Rastinehad). The Society of Urologic robotic Surgeons (SURS) remains an important part of our society with new resident preceptorships and master Kaouk) courses (Dr. Jihad and several committees. Dr. Ash Tewari will be the next SURS President following the WCE in 2020. The Journal of Endourology achieved its highest impact factor in 2019 (Drs. Arthur Smith and Ralph Clayman). JE case reports now publishes manuscripts at no charge to the authors. Videourology (Dr. Mantu Gupta) abstracts are now published in the Journal of Endourology and is planning new enhancements for 2020. We are looking forward to more growth in the activities and membership of our society in 2020. Dr. Andreas Gross has many ideas for an exciting WCET in Hamburg. The name of our World Congress has been modified to the World Congress of Endourology and Uro-Technology to better reflect inclusion of all aspects of minimally invasive urology as well as technology. None of this would be possible without the wonderful work by Dr. Peggy Pearle who is amazing. She does an incredible job for our Society everyday even when there are serious adversities. Thanks to Michele Paoli and Debbie Caridi who are always available to help and are invaluable.

#### Chandru P. Sundaram, MD

annual meeting. The role of WorldEndo is now being expanded to contribute to education and training in underdeveloped countries, with the development of courses and other initiatives. Through your philanthropy and ongoing support, our Endourology Society will continue to grow much to the benefit of urologists worldwide and the people seeking their care. You can make a

Treasurer

More

difference!!



## Dear Members of the Endourology Society

We have just come back from an exciting Meeting in Abu Dhabi, which was excellently organized in such difficult times. First of all, I want to thank the President Dr. Abdulqadir Al-Zarooni and particularly the Co-President Dr. Yasser Farahat for their engagement and leadership during the preparation of the 37th WCE-Congress. We were all aware, how difficult it suddenly may become during these days. However all of the 2200 delegates how were able attend this excellent Meeting could testify all the work, which has been dedicated to this meeting both scientifically and socially.

Additionally, without the leadership of the Executive of our society under the guidance of Margaret Pearle as Secretary General and Chandru Sundaram as Treasurer the Meeting would not have been realized in such an extraordinary way.

Endourological Society Global Education Initiative

Skill Courses in Endourology, Laparoscopy and Robotics

The Endourological Society made it its mission to facilitate scientific dialogue among endourologists world wide and educate urologists and trainees on a global basis. Topics include ureteroscopy, stones, PCNL, BPH, upper and lower tract laparoscopy and robotic urological procedures.

Faculty from the Endourological Society will provide scientific expertise at the course which will feature a mix of didactic and skills laboratory sessions for a targeted audience of up to 50 participants.

Register & Details

We tested also new formats such as "Experts challenge Experts", which may become an integral part of the coming meetings. Moreover, Leslie Hettenbach and her team from UMS did a great job to by-pass all the organizational difficulties.

Finally, I want again focus on the mission of our Society: We are inclusive with the aim to lead the field of minimally invasive urology in all aspects for the benefit of our patients! We should never forget to maintain the friendship between all members of our society.

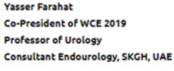
I am looking back to an exciting and fruitful year President of the Society. It was a pleasure to serve all of you. Now I wish Andreas Gross and Glenn Preminger all the best for the upcoming 38th World Congress on Endourology and Uro-technology 25-29 August 2020 in Hamburg.

Respectfully submitted,

Professor Dr. med. Dr. h.c. mult. Jens Rassweiler FRCS Past President



Abdulqadir Alzarooni
President of WCE 2019
Consulatant & HOD of Urology
SKGH, Umm Alquwain, UAE







WCE 2019 Abu Dhabi: A legacy left behind

Hosting the WCE in Abu Dhabi is beyond 5 days event, it is the long term engagement of urologists in the middle East with endosociety and opens channels of experience exchange between east and west. The 37th World Congress of Endourology 2019 (WCE 2019) held in conjunction with the 8th Emirates International Urological Conference (EUSC 2019) was a remarkable event this year.

A record 2,200 attendees gathered to learn about innovations, to exchange ideas, and most importantly, unite and network with friends from across the globe.

On behalf of the organizing committee, we want to acknowledge all the speakers, board and committee members, abstract presenters, awardees, staff members, exhibitors, and other participants who helped make this another outstanding and successful year for the annual conference.

Day 1 started off with society sessions from India, Pakistan, Russia, South Africa, Latin America, Brazil, Chinese, Asia, Arab and Africa. These were well – attended and provided participant a local/regional perspective of endourology learning and practice. The main conference plenary opened on Day 2 with sessions on new technologies and innovations in endourology. Over the five days delegates were able to choose from an extensive program of Society sessions, Semi – Live surgeries, plenary sessions, breakouts, abstract presentations, industry symposiums and educational courses. Attendees showed key interest in all the education formats and lauded the efforts of the scientific committee.

Participants enjoyed a number of social activities, including the welcome reception, Presidential banquet and visit to the grand "Sheikh Zayed Mosque". It was a pride for us to host WCE 2019 in Abu Dhabi, UAE and hope that our hospitality would have convinced the attendees to visit our beautiful and dynamic country again in future.

The overall feedback from all the participants was very encouraging and we once again thanks all the stakeholders for making WCE 2019 a big success. **Thanks everyone.** 





## Chair of Research, Endourology Society

The Office of Research is tasked with improving research in Endourology –minimally invasive surgery and kidney stone disease. We have 3 larger trials to foster international collaboration and have started a new international collaboration: Team Of Worldwide Endourological Researchers or T.O.W.E.R. which can be found at <a href="https://www.endourology.org/research">www.endourology.org/research</a>. We had a very well attended and successful TOWER meeting at the WCE in Abu Dhabi where we had presentations from the PIs of our 3 main studies: 1. What is the best method to tackle a 10-25 mm lower pole stone is (observation, shockwave lithotripsy, ureteroscopy, or percutaneous nephrolithotomy), 2. Outcomes of shockwave lithotripsy for distal ureteral stones, and 3. the quality of life of patients undergoing different surgical modalities. We are looking for researchers – both clinicians and basic scientists to bridge the gap of translational science.

Besides these 3 main projects, we have several other projects underway. We are looking for new ideas and have over 80 investigators already involved. We can put you in touch with other like-minded researchers and can offer support from the Endourological Society such as statistical support, study planning and data management. If you have an idea and/or want to get involved in the current research projects, please contact us via the website.

We all benefit from research and what it has to offer. Besides the direct patient care that it can affect in the future, it brings us closer together as colleagues and a society in our mission of lifelong learning and improving the care and wellbeing of our patients. Please get involved today (<a href="https://www.endourology.org/research">www.endourology.org/research</a>).

Sincerely,
Ben H. Chew, MD
Ben.chew@ubc.ca

Get involved



## **Education Committee Update**

Seasons Greetings - This has been a productive but challenging year for the Education team having conducted 3 courses in China arranged by Brad Schwartz, together with a course in Mexico, and Japan. It is clear that Industry is becoming very careful with regards to education and regulatory compliance and we have to bear this in mind when planning our course programme. However I am very grateful to our industry partners who have been very supportive in our mission to bring high quality education on an international basis. Their support has been crucial in ensuring that these courses are instructive, educational and sustainable and plans are currently being finalised for our 2020 programme. I must also thank Leona Hanemann and IS Event Solutions for all their help and support in making these courses such a success and for their continued support for delivering next years' programme.

The Endourology Sound Bites programme has just announced its 19th podcast and is clearly going from strength to strength. Featuring experts in the field, the series is brought to you by Brian Matlaga in conjunction with Richard Wolf Medical Instruments and I am very grateful to them for their support. You can listen to the entire podcast series from leading experts in Endourology through the website and there are regular email reminders to members.

In 2020 we are planning to produce an Educational Portfolio on the website, which will act as the umbrella for all our educational activities. We were fortunate to have some of the plenary presentations filmed at the WCE meeting in Abu Dhabi. In recognition of the high quality educational content from the meeting, the committee is currently working on a programme of bringing the highlight presentations to be uploaded to the new website, which we think will be of real interest to members. I am very grateful to Zhamshid Okhunov and Brian Duty for their help and support in delivering this exciting new development.

The educational courses at the WCE meeting continue to attract high delegate numbers and we are currently working on next years' programme in Hamburg. This year we had an extended number of courses with great faculty, I am extremely grateful to all the faculty for their time and commitment in making sure these courses are such a success. We feel it is vital that we include young surgeons, and make them feel an integral part of the Society, its aims and ambitions. to our programme. If you have any suggestions or additions to enhance the course programme, then please feel free to contact us.

Finally, it remains for me to wish everyone a very happy holiday season and my very best wishes for the New year.

Respectfully submitted,
Adrian Joyce, Director of Education



**Website Committee Update** 

In July the Endourological Society's new website went live. Access to the journals has been streamlined with highlighted articles and videos being front and center on the main page. Members now have the ability to create robust professional profiles and send messages directly to other society members, which we hope will allow for improved patient care and research collaboration. In 2020 our focus will be on greatly expanding the website's educational offerings, with the ultimate goal of making the site the go to place to improve one's knowledge of minimally invasive urology.

The holidays are meant to be a time spent with family and friends. They are also meant to be a time of reflection. The redesigned website represents the culmination of nearly two years' work. I am incredibly grateful to the many society members who volunteered their time to help with this project.

Sincerely,

Brian Duty, M.D., M.B.A. Chair, Website Committee



## SAVE THE DATE World Congress of Endourology and Uro-Technology (WCET) August 24 – 29, 2020 Hamburg, Germany

### Dear friends and colleagues,

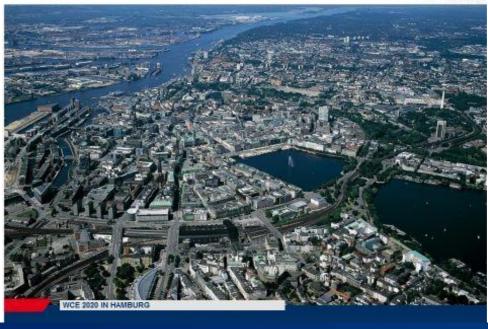
It is not only Christmas that keeps us busy here in Hamburg during these day. We are also in the midst of our preparations for the 38th WCE, which is from now on the WCET. T for technology has been added to the appreviation of this meeting. Many thanks to all of you, who made already valuable suggestions for the program. We will try to implement as much as possible, so that the wide range of Endourology will become visible. We expect participants from all over the world representing all fields of Endourology. We will have the priviledge to hold the very first international meeting in the newly renovated congress center, which is centrally located with an easy access to all interstings spots in town — and there are many of them.

The meeting will be rather early during the year – in August. This is the best time of the year for a trip to Hamburg and we hope that many of you will be able to bring their families. There are many attractions in town, but the highlight will be our meeting. Merry Christmas everyone and a happy New Year from all of us in Hamburg. See you in August!



Andreas Gross, M.D. President – WCET 2020







# Travelling Scholarship A Report by Dr. Anyadike Chinedu Clinton, a travelling scholar from Lagos Nigeria to St Joseph's Hospital Ontario- Canada.

It was with great joy, excitement and gratitude, that I received the message declaring me as one of the recipients of the much sought after 2019 endourology travelling fellowship. For long, it had been my desire to compare the practice in my country Nigeria, with other more developed countries and to see how and what could be done to improve endo-urology service delivery in my country. This opportunity was therefore for me, a dream come true.

I arrived St Joseph's hospital on 3rd of Novemberto a warm reception from Ms. Kimberly Nitz, the Urology Division's Program Secretary. She speedily set up my hospital access card, passes for surgical scrubs and all other items, to ensure a hitch free month of qualitative observation. St Joseph's hospital, in conjunction with London Health Services Center and the University Hospital are under the Western

Schulich University. The consultants and residents from my observation, rotate through these three facilities.

The Urology unit at St Joseph's hospital has four Endo-Urologists, (Dr. Denstedt, Dr. Pautler, Dr. Razvi and Dr. Bjazevic), one Andrologist (Dr. Brock) and one Reconstructive Surgeon (Dr. Welk). I was very privilege to meet and interact with all of them. Residents rotated through these teams and Fellows were assigned to each consultant depending on their sub-specialty. Ureteroscopy and laser lithotripsy are attractive routine procedure(s) at St Joseph's hospital, done under general anesthesia in the supine position. The hospital has a 65 watt Olympus Holmium Laser machine, an Ultrasonic device and Electro-hydraulic devices at its disposal and stone breakage was simply a function of the procedure and technique being used. Multiple flexible ureteroscopes were available, I was very privileged to observe more than twenty of these procedures under the various consultants with varying and different approaches and techniques, and it was quite informative and clarifying. Percutaneous nephrolithotripsy is done in the prone position at St Josephs, access to the calyx is done by the urologist, this was in contrast to what I had earlier seen and observed, the patient is anesthetized in the supine position and carefully placed prone on a padded bed before a stent is inserted in the prone position and retrograde pyelogram performed. I watched all the different consultants use a combination of the fluoroscopic and ultrasound guidance to gain access to the collecting system, their skillfulness, competency and efficacy was impressive. Transurethral resection of bladder tumors as well as trans-urethral resection of the prostate were other types of surgery, I had the chance to observe. Dr.Pautler manned the robot. Robot docking, pre-operative planning and port placements were crucial, and I noted how Dr.Pautler painstakingly ensured that this was properly done, I watched him perform a radical retropubic prostatectomy as well as partial nephrectomy for T1 renal tumors as well as for a non-functioning kidney. Shock wave lithotripsy was another interesting aspect of this visit, the propensity for noninvasive management of renal calculi makes it an appealing option for patients in Canada. The hospital has a Karl Storz lithotripter and patients were offered this treatment modality, depending on stone location, size and other Hounsfield Units. I joined Dr. Brock in his operating room and he went the extra mile to explain his technique of penile prosthesis insertion to me (a procedure I had never seen done, before now)! The importance of assessing the penile length, corporal diameters, appropriate size of prosthesis were emphasized, he really was great at his teaching and I admired him a lot for it. He also inserted an artificial urinary sphincter to boost my understanding and I cherish his candor and humility.

Similarly, I had indicated interest in urodynamics and Dr. Welk furnished me with a crash course on it, during his clinic day which I treasure very much. We did some video urodynamics and interpreted the charts based on the patients' symptoms, it was really satisfying to see these things done in real time. I had read a lot on it in the past, but never had the opportunity to garner practical experience.

St Joseph's hospital has a very robust academic program as well. Grand rounds are conducted on Tuesday mornings by 6.45am, punctuality and discipline were very apparent and the emphasis on review of literature and evidence based medical practice were keenly observed by me. I listened to Dr. Denstedt painstakingly discuss assessment of papers for publication in the American Urologic Association

Journals and it really helped me to fathom the limitations of my home environment and grasp why we have so few publications in the Journal of Endo-Urology.

The emphasis on proper pre-operative care, proper attention to details, surgical aseptic protocols, post-operative care and good surgical outcomes were made very explicit.

I also spent a lot of time with the simulator and I sincerely thank Dr.Bjasevic for facilitating and making this possible. Often, she created time in her crowded schedule to (get to the theatre), enter the pass codes for the simulator and put me through the basics to perfect my use of the simulator. In addition, I tried to perfect my drill on fluoroscopic percutaneous renal access as well as cannulation of the ureteric orifice in prone position.

In totality, I have been exposed to a variety of novel experiences, possibilities and opportunities on this trip and I remain very thankful to everyone and every institution, who has contributed to make this a lifelong and lasting training for me. It is painfully true that Sub-Saharan Africa is truly behind in terms of resources and equipment comparatively. This program is indeed very beneficial not only to me as an individual but much more to my practice of endourology going forward. I am indeed very grateful to the Endo-Urologic Society for this opportunity, the linkages, associations and friends I have made will become very handy in my yearning to achieve perfection in all of the procedures I was opportune to observe.

Thank you Dr. Anyadike Chinedu





## Missy Savira Faculty of Medicine Universitas Indonesia Recipient of one of the 2019 Summer Student Scholarship

Dear Endourological Society,

Thank you Endourological Society for giving me the chance to carry out this project. I feel so honoured to be one of ten students who received Summer Student Scholarship 2019. This research project has allowed me to get a better exposure about Urology. As someone who want to pursue Urology as their career next career, I found this project was the best opportunity to learn about research in Urology especially in the field of Endourology (urolithiasis) while still being a medical student. By doing this research, I got the chance to develop my skill and knowledge. I learned about how to make a study protocol for RCT, asking informed consent to the patients which need a good communication skill, looking at surgical procedure, discussing patient's case should there be anything that I got confused about, collecting and evaluating patient's data using SPSS analysis, and also writing a research report.

I am very fortunate to have Dr.WidiAtmoko, as my mentor as well as supervisor of this project. As someone who has never done research using primary data with the design of randomized controlled trial (RCT), I found several difficulties at the beginning of making this project. The need of collaboration with several endourologists, residents and also interns to help me with this project was also a challenge of this project. Having said that, Dr.WidiAtmoko patiently helped and guided me throughout the study.

Becoming awardee of this scholarship was such a milestone of my education and career. I wish all the invaluable experience that I got from this project, would help me to be a better physician in the future.

We are now still recruiting the subjects for this study, in order to have a more valid result. By doing that, we are expecting to publish out study in the future. Once again, thank you Endourological Society for the support you had given to me.

Best Regards, Missy Savira



## **Journal of Endourology: Editorial Box:**

Ralph Clayman, M.D. Arthur Smith, M.D. Chandru Sundaram, M.D. "The Journal of Endourology continues to excel with over 1000 manuscript submissions a year. The Journal remains a leading venue for cutting edge endourologic and minimally invasive urologic research including robotics. The editors also encourage authors to submit ideas for high quality review articles on relevant topics".

We are pleased to highlight the "top read" and "top viewed" articles over the past few months in the <u>Journal of Endourology</u>, <u>VideoUrology& Journal of Endourology</u>. <u>Case Reports:</u>

### **Journal of Endourology**

- Robot-Assisted Radical Prostatectomy: A Step-by-Step Guide Linda M. Huynh and Thomas E. Ahlering
- <u>Procedural Module: Flexible Cystoscopy</u> Shoaib Safiullah, Daniel J. Lama, Roshan Patel, and Ralph V. Clayman
- Is It Safe and Effective to Treat Complex Renal Cysts by the Laparoscopic Approach?
   Thomé Pinheiro, Fabio Sepulveda, Ricardo H. Natalin, Esteban Metrebian, Rebecca Medina, Suzan M. Goldman, Valdemar Ortiz, and CássioAndreoni
- <u>Lessons from Literature: Nephrostomy Versus Double J Ureteral Catheterization in Patients</u>
   with Obstructive Urolithiasis—Which Method Is Superior?
   Saskia Weltings, Barbara M.A. Schout, Hossain Roshani, Guido M. Kamphuis, and Rob C.M. Pelger
- Robot-Assisted Simple Prostatectomy
   Ross Cockrell, Jeremy Bonzo, and David Lee
- Ejaculation-Preserving Transurethral Resection of Prostate and Bladder Neck: Short- and Long-Term Results of a New Innovative Resection Technique
   Saladin Helmut Alloussi, Christoph Lang, Robert Eichel, and SchahnazAlloussi
- Robotic Sacral Colpopexy
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- <u>Lower Extremity Neuropathies After Robot-Assisted Laparoscopic Prostatectomy on a Split-Leg Table</u>

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Braulio Manzo-Perez, Francisco Gómez-Regalado, Alejandro Figueroa-Garcia, and Héctor Sánchez-López

<u>Surgical Anatomy and Morphology of the External Urethral Sphincter Before and After Endoscopic Enucleation of the Prostate Measured by Transrectal Ultrasonography</u>
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• <u>Total Extraperitoneal Robot-Assisted Laparoscopic Radical Prostatectomy: Step-by-Step Approach</u>

Kenneth Chen, Xin Yan Yang, Karine Sim, Mahmood B. Mohammad, Kae Jack Tay, Allen Sim, and John S.P. Yuen

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Ajay Bhandarkar, VedantLakhe, and Dipen Patel

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- <u>Transurethral Enucleation and Resection of Prostate Made Easy</u>
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- <u>Ureteroscope-Guided Access Facilitates Percutaneous Resection of Renal Pelvis Tumor</u>
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- <u>Thulium Laser Enucleation of the Prostate: Median Lobe Enucleation, Step by Step, for a Beginner Surgeon</u>
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• <u>Does Prostate Median Lobe Really Matter for GreenLight HPS Laser Photovaporization of the Prostate</u>

Yohan Bodokh, Patrick Julien Treacy, Laetitia Imbert de la Phalecque, and Matthieu Durand

- Medical Treatment of a Staghorn Calculus: The Ultimate Noninvasive Therapy
   Joshua D. Chamberlin and Ralph V. Clayman
- An Indwelling Ureteral Stent Forgotten for Over 12 Years
   Samir Bidnur, Melissa Huynh, Nathan Hoag, and Ben Chew
- <u>Single-Incision Laparoscopy Surgery Excision of an Infected Urachal Cyst: Description of the Technique</u>

Juan D. Garisto, Katherine Henriquez, and Edwin E. Pimentel M.

- A New Technique for Percutaneous Nephrolithotomy Using Retrograde Ureteroscopy and Laser Fiber to Achieve Percutaneous Nephrostomy Access: The Initial Case Report
   Carlos A. Uribe, Hugo Osorio, Johana Benavides, Carlos H. Martinez, Zachary A. Valley, and Kamaljot S. Kaler
- <u>A Technique to Flush Out Stone Fragments Through a Ureteral Access Sheath During Retrograde Intrarenal Surgery</u>

Shlomi Tapiero, Peter Ghamarian, and Ralph Clayman

• <u>Oxygen Venous Embolism After Hydrogen Peroxide Use During Percutaneous Nephrolithotomy</u>

John Michael DiBianco, Jessica Lange, Daniel Heidenberg, and Patrick Mufarrij

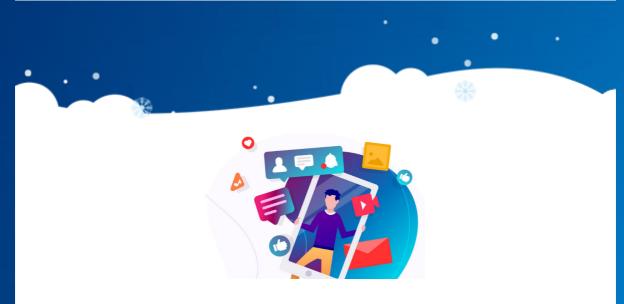
• <u>Endourologic Management of a 15-Year-Old Neglected, Fragmented, and Encrusted</u>
<u>Ureteral Stent</u>

Sarwar Noori Mahmood, Hewa Mahmoud Toffeq, MuhamedHussen, Aram Karim, Choman Jamal, Aree Ali Said, and Bryar Othman Aziz

- Renal Endometriosis: The Case of an Endometrial Implant Mimicking a Renal Mass
   Anand V. Badri, Rachel Jennings, Pavan Patel, and Daniel D. Eun
- Robot-Assisted Excision of Congenital Mega-Seminal Vesicle Associated with Zinner's Syndrome

Campbell F. Bryson, Sophia Delpe, Stephanie Tatzel, Aaron Perecman, Adam Hittelman, and Michael S. Leapman





## **Social Media Report**

The Social Media committee was officially formed in 2019 and met for the first time as a group at the WCE in Abu Dhabi. Suggestions from the board of directors as well as the Social Media Committee included holding online Twitter Journal Clubs, online Endourology case discussions, as well as creating a #askEndourol hashtag for twitter users who wish to ask questions to the Endourological community at large. Unanimously, members of the board and the committee feel that formalizing the Social Media committee as well as having planned twitter discussions will increase the reach and engagement of those interested in Endourology and minimally invasive

surgery and is also an opportunity to increase involvement for those who may not be able to regularly travel to international meetings. We look forward to a productive 2020.

Happy holidays to all.

Brian Eisner, M.D. Chair, Social Media Committee





#### **World Endo:**

"Share your skills in leaving no stone unattended, in our Endo World"

- At the WCE in Abu Dhabi the BOD of the Endo Urology Society enthusiastically supported the proposal of the World Endo committee to create a learning center in Kigali,Rwanda. The Society will strive to work with IVU, UCF/AUA and Local societies PAUSA.
- Dr Graham Watson , a member of the World Endo Comm. Has agreed to do an on site visit to finalize the arrangements.
- Dr Emile Rwamasirabo, MD will be the local liaison for establishing the center.
- We are awaiting Industry partners to confirm their support for this mission
- Endo Urology Society members are requested to contribute working equipment , their time and financially to this worthy cause
- For more information contact : Michele Paoli at the Endo Society



Happy Holidays, Gopal Badlani, MD



#### **Letter from SURS President**

December 15th, 2019

Dear colleagues and friends,

The Society of Robotic Urologic Surgery (SURS) continues to evolve rapidly as a leading society serving urologists practicing robotic surgery. As the new year approaches, I want to thank you all, both practicing and in-training robotic surgeon, for supporting your society, SURS.

This year have been a great success with several milestones achieved. The SURS series of Urologic Residents and Fellows Preceptorship Program in Robotic Surgery which was hosted by several sites that were carefully selected with a track record of excellence in education. This year, the host sites included: Johns Hopkins University, Ohio State University, and University of California—Irvine. Each program was endorsed by the regional AUA section making the series a great achievement. These preceptorships included lectures, round table discussions, and hands-on labs. In 2020, we have plans for preceptorships at Tulane University, Mayo Clinic, and Cleveland Clinic as well as in Orlando, Florida, and Hackensack, New Jersey.

Another initiative underway is SURS Master Classes in Robotic Surgery. These classes focus on teaching the latest techniques and outcomes in robotic urologic surgery to practicing urologists. Focusing on innovations, twoSURS Master Classes were successfully completed, one focusing on Bladder cancer and a second focusing on Single Port Surgery.

As SURS leadership council continues to evolve. I am thrilled to report that Dr. Ash Tewari will be the 2021-2023 President-Elect of SURS. We appreciate the outstanding participation of members during the voting process.

Lastly, we are excited to announce that SURS website is now live at www.sursroboticsurgery.orgwith multiple links to the recently updated Endourology Society website which can be reached athttps://www.endourology.org/

In closing, I would like to wish you and your families a happy and safe holiday season.

Best,



Jihad Kaouk MD, FACS, FRCS (Galsgow) President, Society of Urologic Robotic Surgery (SURS)





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