

After a lengthy project approval process, our team has recently started to recruit patients for the project. We are excited to educate patients on pelvic floor physical therapy and help them integrate pelvic floor exercises into their daily routine as they prepare for and then recover from holmium laser enucleation of the prostate (HoLEP) for treatment of benign prostatic hyperplasia. Following surgery, we plan to follow patients for up to six months to track surgical outcomes and assess how long it takes them to regain urinary continence. We look forward to collaborating with colleagues at University of California, Irvine on the project and hope to make a positive contribution to our understanding of managing urinary incontinence following prostate surgery. While data is not currently available to provide further updates, the team looks forward to providing updates to the Endourological Society in the months to come.